

Department: Public Health
SPEC DISK B4
Classification: Competitive
DOCUMENT 65
Grade: 10

WIC NUTRITION EDUCATOR

DISTINGUISHING FEATURES OF THE CLASS: An employee in this class provides nutritional information to and otherwise educates adult participants and parents of infants and child participants in the special supplemental food program for women, infants and children (W.I.C.) concerning proper nutritional habits and the prevention of nutrition related problems. The work is performed under the general supervision of the W.I.C. Coordinator with leeway provided for the use of professional judgment in the setting up of a comprehensive nutritional education program. Supervision may be exercised over W.I.C. aides and clerical staff, does related work as required.

TYPICAL WORK ACTIVITIES:

Plans and administers a comprehensive nutrition education program for W.I.C.;

Explains to participants and/or parents and guardians of participants the importance of supplemental foods during pregnancy, post-partum periods, infancy and childhood;

Conducts or assists in the conduct of surveys evaluating participants use of health systems and other surveys, demonstrations of projects involving nutrition education;

Assists in conducting or conducts hemoglobin or hemotocrit tests and determines height, weight, birth weight; etc. of W.I.C. participants and possible participants;

Provides counseling information to individuals not receiving supplemental foods from program concerning proper food choices;

Provides individual nutrition counseling for W.I.C. recipients including assessment, screening, proper care, nutrition plan, education, case review and recordkeeping;

May speak to interested community groups concerning the W.I.C. program.

FULL PERFORMANCE KNOWLEDGES ,SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:

Good knowledge of fundamentals of nutrition and their applicability to the W.I.C. program; working knowledge of basic teaching methods and procedures; ability to organize and develop a nutrition education program; ability to review, select and develop nutrition education materials for participant and staff use; initiative and resourcefulness; physical condition comensurate with the demands of the position.

MINIMUM QUALIFICATIONS: Either:

(a) Graduation from a regionally accredited of N.Y.S. registered four year college or university with a bachelor's degree in nutrition, nursing, home economics, health education or related field and one year experience working with maternal/child population providing nutrition services, or

(b) An equivalent combination of training and experience as defined by the limits of (a).